

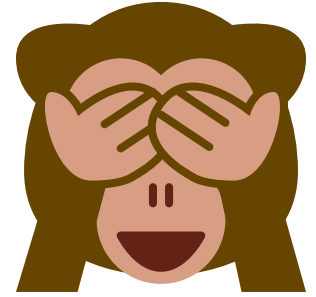
COVID-19 Prevention Recommendations



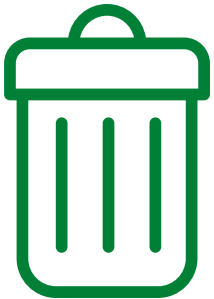
Wash your hands for 20 seconds



Cover your mouth with a tissue or sleeve when coughing or sneezing



Avoid touching your face



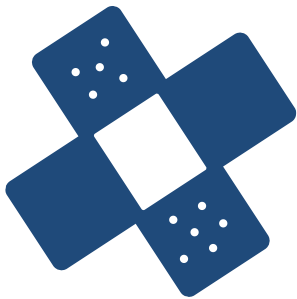
Use tissues and throw them away



Clean items around you like doorknobs, tables, and phones



Know the risks of traveling to other towns, states, and countries



Stay home if you are feeling sick



Stay home if you have family members who are sick



Call before visiting your doctor