The District needs SNAP and charitable food providers to fight hunger and support families who fall on hard times. Food banks do everything we can to fight hunger, yet alone can never meet the need.

Even with SNAP, hunger is pervasive throughout our community.

79,470 – 11% of District residents – suffer from food insecurity.¹

The Supplemental Nutrition Assistance Program (CalFresh in California) provides nine meals to every one provided by food banks — private charity could never fill this gap.²

Yet, because SNAP benefits are inadequate, nearly one in three SNAP households still rely on food banks.³

SNAP is Under Attack

The Administration has proposed three separate rules to cut SNAP, which would have devastating consequences for our community.

In just the District:

18,161
Able Bodied Adults Without Dependents (ABAWD) are potentially subject to a three month time limit.⁴

9,240
Mostly older adults and people with disabilities would see a reduction in benefits by cutting the Standard Utility Allowance (SUA).⁶

38,500
Mostly working families with children would lose benefits and kids would lose automatic access to free school meals as a result of gutting Broad-Based Categorical Eligibility (CatEl).⁵

We call on the California Congressional Delegation to oppose these proposed cuts and instead protect and strengthen SNAP by improving benefit adequacy and expanding access for all low-income Californians.
SNAP Benefits are Vital but Inadequate

This year, SNAP will help 4 million Californians fight hunger and escape poverty, but the benefits stop short of what is really needed. In California, for SNAP recipients:  

**$1.49**  
allocated per person, per meal

**1 IN 3**  
relies on supplemental food from food banks

**27%**  
increase in nutrition related hospitalization risk at month’s end

The Value of SNAP

SNAP is crucial to the local economy. Last year, 154,000 participants – 21.6% of the District¹⁰ – received SNAP, delivering:¹¹,¹²,¹³

- **$233M** in food benefits
- **$385M** in economic activity
- **3,164** jobs

Addressing Inequity

The median income of SNAP households in the District is far below the median income for all District households.¹⁴

- **$26,136**
- **$49,682**

California food banks urge members of Congress to protect and strengthen SNAP’s proven record as our nation’s most important anti-hunger program. We must end hunger in California.

For more info & citations, visit: http://cafoodbanks.org/citations