



# Community Health Educator

Sacramento Food Bank & Family Services (SFBFS) welcomes people of all backgrounds and circumstances, providing a judgement-free zone for individuals and families throughout Sacramento County. A staff of more than 80 and several thousand volunteers take our mission of fighting food insecurity one step further by offering education and support for families wanting to shape their best tomorrow. More information is available at [www.sacramentofoodbank.org](http://www.sacramentofoodbank.org).

## **POSITION DESCRIPTION**

The **Community Health Educator** gets Sacramento County residents engaged and excited about healthy eating. As a member of our Health & Nutrition team, Community Health Educators teach workshops about nutrition and physical activity.

The **Community Health Educator** is responsible for the following tasks (including but not limited to):

- Assist with program logistics for Sacramento Food Bank & Family Services' Health & Nutrition efforts. Including, facilitating single and multi-session nutrition education workshops, performing follow-up interviews with participants and graduates, conducting nutrition outreach at community events, creating outreach materials, overseeing volunteers, and developing and maintaining relationships with community-based organizations where nutrition education workshops can be taught
- Attend Sacramento Food Bank & Family Services' staff meetings and recommended trainings, keep accurate records of program activities, assist with other Sacramento Food Bank & Family Services programs and activities as needed, participate in community outreach events (workshops and outreach events will occur throughout Sacramento County)
- Complete and maintain food handler certification

## **SKILLS REQUIRED**

- High school graduate (or GED)
- Comfortable speaking in front of groups, professional demeanor, flexible and able to respond to multiple demands
- Ability to work with a diverse community, teach classes with mixed ages present, work independently with limited supervision, respond to unanticipated events, maintain accurate records
- Safely lift or carry items weighing up to 40 pounds
- Detail-oriented, good written and verbal communication skills and ability to multi-task
- Reliable transportation and a valid California driver's license and insurance
- Proficiency in Microsoft Office Suite (Word, Excel, Publisher, PowerPoint)

## **DESIRED QUALIFICATIONS**

- Experience teaching nutrition workshops and/or leading cooking demonstrations
- Has received services from Sacramento County, SFBFS or one of SFBFS' Partner Agencies
- Bilingual-English/Spanish (written and verbal)
- Passion for nutrition

## **POSITION DETAILS**

- Location: Both Food Bank Services and Family Services campus'; in an office setting
- Full-time; non-exempt hourly position. Monday – Friday with occasional weekends, nights and holidays. Hours may vary depending on workshop or outreach schedule.

Applicants must e-mail resume, cover letter, [SFBFS employment application](http://www.sacramentofoodbank.org/employment/) (found here: <https://www.sacramentofoodbank.org/employment/>) to [employment@sacramentofoodbank.org](mailto:employment@sacramentofoodbank.org) for consideration. No phone calls please.