



### **Community Health Educator**

Sacramento Food Bank & Family Services (SFBFS), a local non-profit organization serving families and individuals in need since 1976, offers fifteen diverse programs and services at two facilities in Sacramento. A staff of more than 80 and several thousand volunteers accomplish SFBFS' mission of assisting families in need by alleviating their immediate pain and problems and by moving them toward self-sufficiency and financial independence. For more information, please visit <http://www.sacramentofoodbank.org>.

### **POSITION DESCRIPTION**

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SFBFS is looking for someone who wants to get Sacramento County residents excited about healthy eating. As a member of our Health and Nutrition Program team, the Community Health Educator will teach workshops about nutrition and physical activity. The ideal candidate is passionate about SFBFS' mission and is ready to help lead our community to better health.

The Community Health Educator is responsible for the following:

- Assist with program logistics for Sacramento Food Bank & Family Services' Nutrition Education program. This includes:
  - Facilitating single and multi-session nutrition education workshops
  - Performing follow-up interviews with participants and graduates
  - Conducting nutrition outreach at community events
  - Creating outreach materials
  - Developing and maintaining relationships with community-based organizations where nutrition education workshops can be taught
- Keep accurate records of program activities
- Attend Sacramento Food Bank & Family Services' staff meetings and recommended trainings
- Complete and maintain food handler certification
- Participate in community outreach events
- Assist with other SFBFS programs and activities, as needed
- Other duties as assigned

### **SKILLS REQUIRED**

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- Passion for nutrition
- High school graduate (or GED)
- Comfortable speaking in front of groups
- Ability to:
  - Work with a diverse community
  - Teach classes with mixed ages present
  - Work independently with limited supervision
  - Respond to unanticipated events
  - Maintain accurate records

- Safely lift or carry items weighing up to 40 pounds.
- Detail-oriented, good written and verbal communication skills and ability to multi-task
- Willingness to cross-train and learn other positions within the organization
- Reliable transportation and a valid California driver's license and insurance
- Proficiency in Microsoft Office Suite (Word, Excel, Publisher, PowerPoint)
- Successfully pass background/fingerprint check
- Resident of Sacramento County

#### **ADDITIONAL DESIRED QUALIFICATIONS:**

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- Experience teaching nutrition workshops and/or leading cooking demonstrations
- Has received services from Sacramento County, SFBFS or one of SFBFS' partner agencies
- Bilingual (written and verbal), preference for someone able to speak Spanish or Russian
- Outgoing personality and positive attitude
- Food handler certification

#### **POSITION DETAILS**

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- Location: Position is based primarily at Sacramento Food Bank & Family Services (at both campuses in North and South Sacramento) in an office setting. Workshops and outreach events will occur throughout Sacramento County.
- Part-time (20 hours per week); non-exempt hourly position. Work schedule is usually Monday – Friday with occasional weekends. Nights and holidays are sometimes required to support SFBFS' mission. Hours may vary depending on workshop or outreach schedule.

**Applicants must include resume, cover letter, [SFBFS' Employment Application](#) (which includes three professional references) to [employment@sacramentofoodbank.org](mailto:employment@sacramentofoodbank.org) by March 20, 2017 for consideration.**

**No phone calls please.**