



Part-Time Community Health Educator

Sacramento Food Bank & Family Services (SFBFS) welcomes people of all backgrounds and circumstances, providing a judgement-free zone for individuals and families throughout Sacramento County. A staff of more than 80 and several thousand volunteers take our mission of fighting food insecurity one step further by offering education and support for families wanting to shape their best tomorrow. More information is available at www.sacramentofoodbank.org.

POSITION DESCRIPTION

The **PT Community Health Educator** is someone who wants to get Sacramento County residents excited about healthy eating. This position is part of the Health & Nutrition team and will teach workshops about nutrition and physical activity.

The **Community Health Educator** is responsible for the following tasks (including but not limited to):

- Assist with program logistics for Sacramento Food Bank & Family Services' Health & Nutrition efforts. Including, facilitating single and multi-session nutrition education workshops, performing follow-up interviews with participants and graduates, conducting nutrition outreach at community events, creating outreach materials and developing and maintaining relationships with community-based organizations where nutrition education workshops can be taught
- Keep accurate records of program activities
- Complete and maintain food handler certification
- Participate in community outreach events (workshops and outreach events will occur throughout Sacramento County)

SKILLS REQUIRED

- Passion for nutrition
- High school graduate (or GED)
- Comfortable speaking in front of groups
- Ability to work with a diverse community, teach classes with mixed ages present, work independently with limited supervision, respond to unanticipated events, maintain accurate records
- Safely lift or carry items weighing up to 40 pounds
- Detail-oriented, good written and verbal communication skills and ability to multi-task
- Reliable transportation and a valid California driver's license and insurance
- Proficiency in Microsoft Office Suite (Word, Excel, Publisher, PowerPoint)

DESIRED QUALIFICATIONS

- Experience teaching nutrition workshops and/or leading cooking demonstrations
- Has received services from Sacramento County, SFBFS or one of SFBFS' Partner Agencies
- Bilingual-English/Spanish (written and verbal)
- Food handler certification

POSITION DETAILS

- Location: Both Food Bank Services and Family Services campus'; in an office setting
- Part-time (20 hours per week); non-exempt hourly position. Monday – Friday with occasional weekends, nights and holidays. Hours may vary depending on workshop or outreach schedule.

Applicants must e-mail resume, cover letter, [SFBFS employment application](http://www.sacramentofoodbank.org/employment/) (found here: <https://www.sacramentofoodbank.org/employment/>) to employment@sacramentofoodbank.org for consideration. No phone calls please.