



Questions for a great CalFresh interview

Open the conversation up by sharing something about yourself and asking some non-program related questions like, *how's your day going?* Offering someone a warm beverage like coffee or tea and something to eat is also a nice touch.

When the person appears comfortable you can go into the questions that will pull the story out. Here are some examples of good questions:

- What brought you here today?
- Tell me the story of the circumstances that prompted you to apply for CalFresh
- What's the hardest part about being on CalFresh?
- What's the best part about being on CalFresh?
- What are you most proud of in your life?
- Who has had the biggest impact on your life and why?
- How has your life been different than what you imagined it would be?
- Can you tell me a story about what it is like to be hungry or go without?
- What keeps you up at night?
- What do you like to do for fun?
- What's your favorite food?
- Can you tell me about any cultural traditions you and your family have around food?
- Is there anything you'd like to tell me about your CalFresh experience that you've never told anyone else before?
- What are the most important things you've learned about life?
- How does seeing entitlement programs like CalFresh being portrayed negatively in the media or by politicians make you feel?
- How do you want to be remembered?
- Is there anything else you'd like to share with me?