CORN AND PEPPER SALAD

Servings: 4
Preparation Time: 10 Minutes

INGREDIENTS

- 1½ ears of sweet corn
- 2 poblano peppers, stemmed and seeded
- 1 jalapeño pepper, stemmed, seeded, and halved
- 1 cup chopped tomato
- ¼ cup chopped onions
- 1 tablespoon lime juice
- 1 tablespoon chopped cilantro
- 1 pinch of salt

INSTRUCTIONS

1. Cut the corn off cob and place it in a medium bowl.
2. Chop the poblano and jalapeño peppers and add them to the medium bowl.
3. Add all remaining ingredients and mix them together.

Adapted from the Champions for Change Program