

SNAP MATTERS FOR CALIFORNIA CHILDREN

The Supplemental Nutrition Assistance Program (SNAP) helps California families put food on the table.

If a parent loses a job or has a job that pays low wages, SNAP helps to fill in the gaps, safeguarding against hunger. When parents thrive, so do their children. Federal proposals to cut SNAP threaten the health and well-being of California families.



of SNAP participants are in families with children



of all California SNAP recipients are children



California children out of poverty a year

Changing Lives

SNAP makes a lifetime of difference for children's health, educational attainment and economic self-sufficiency



reduction in healthcare costs



more likely to graduate high school



less chance of becoming obese



less chance of developing heart disease